

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	Who keeps us safe? Mental Health Awareness	What helps us stay healthy?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	Why should we eat well?	Why should we keep active and sleep well?	How can we be a good friend? Mental Health Week	What makes a community?	What keeps us safe?	What are families like?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How we can manage our feelings? Mental Health week.	How do we manage risk in different places?	How can we manage our feelings?	How will we grow and change?
Year 5	What makes up a person's identity?	What decisions can people make with money?	Mental Health Week kindness, identity, celebrate own abilities, the way people impact the world	How can we help in an accident or emergency?	How can we manage our feelings?	How will we grow and change?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		How will we grow and change? What will change as we become more independent? How do friendships change as we grow?	