



Carr Head Primary School
Carr Head Lane
Poulton Le Fylde
FY6 8JB



Headteacher: Mrs A Slack

Phone: 01253 883558

29th April 2021

Dear Parents and Carers,

Relationships and Health Education (RHE) which is included within our PSHE curriculum.

Relationships and Health Education (RHE) is an important part of our school commitment to provide pupils with the knowledge and skills to keep themselves safe, make healthy choices, develop respect for themselves and others, and form positive and healthy relationships. It also fits with our shared vision of preparing the children of today to flourish in the world of tomorrow through nurturing mind, body and soul. You can learn more about RHE provision in school by reading our PSHE policy [here](#).

The government guidance for Relationships and Health Education (2019) outlines statutory learning outcomes for all primary-aged pupils from September 2020. Due to covid, the DfE state that schools should begin teaching by at least the start of the summer term 2021. The outcomes for the end of primary can be found here: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>.

Alongside the statutory curriculum, we follow the advice of the PSHE association to ensure that our curriculum is relevant and appropriate for pupils at Carr Head. To deliver our curriculum, we use a variety of materials including those in the Discovery Education Health and Relationships Programme to support us in meeting these outcomes through dedicated lesson time. Progression from year 1 to year 6 is built into our curriculum and lessons include occasional visitors, lots of activities and videos to make learning engaging and enjoyable for our pupils, as well as developing their learning and understanding in an age-appropriate way. At Carr Head, our curriculum does not include sexual intercourse which is beyond the primary science curriculum.

You can see an overview of the content for all year groups here: [Curriculum overview 2021-22 onwards](#).



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Due to the impact of repeated lockdowns, we have adapted our curriculum for this academic year (2020 – 2021) in order to ensure that children do not miss out on key learning relating to any area of the curriculum.

The 2020 – 2021 PSHE overview can be found here: [2020/21 overview](#).

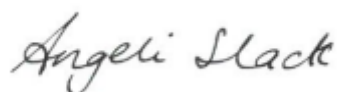
This year, the menstruation and puberty elements of 'growing and changing' will be delivered by the Life Education team in Y4, Y5 and Y6 in the summer term.

In line with our PSHE policy, teachers will answer any questions from pupils in an age-appropriate and factual way, without personal bias or judgement. All teachers will have boxes in their classrooms where pupils can post questions anonymously if they wish. Questions will be answered in one of the following ways: by providing an answer to the whole class; by giving an individual answer to a pupil, or, on rare occasions, by contacting parents if we feel the question would be better handled in the home setting. Any questions that give rise to concerns of a safeguarding nature will be handled in line with our published safeguarding policy.

There is a short consultation questionnaire on the school app and we welcome your comments before we finalise the policy and curriculum.

We welcome you contacting us if you have any additional questions or comments about the school's approach to this important, statutory area of learning. If you would like to see any of the content of the programme in more detail, please contact vicki.cooper@carrhead.lancs.sch.uk and Mrs Cooper will be happy to help.

With warmest wishes,



Headteacher

