



Carr Head Primary School

P.E. POLICY

*Prepare the children of today to flourish in
the world of tomorrow through nurturing
mind, body and soul.*

INTENT

At Carr Head Primary School we recognise the important role P.E. plays in the curriculum and we are committed to providing all children with opportunities to engage fully in physical education. P.E. and school sport should provide opportunities for all pupils to become physically literate and confident in a way which also supports their health and fitness. Children should acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading healthy, active lives as well as the values of sportsmanship, fairness and respect through the sports and activities they participate in.

Aims:

- develop knowledge, skills and understanding of a range of sporting activities
- lead healthy and active lives, picking up positive habits for their future lives
- to use sport to build pupils self-confidence and self-esteem
- to promote safe practice in all activities
- to compete in games and activities in a collaborative team
- increase participation in competitive sports both in and out of school

IMPLEMENTATION

Physical education (P.E.) is taught as an area of learning in its own right, as well as being integrated in other areas of the curriculum, where possible. Each class will have two lessons of P.E. each week. The skills in the areas of games, dance, gymnastics, athletics and outdoor / adventurous activity are developed systematically, with the programme of study for each year group building on previous learning and preparing for subsequent years. Knowledge and skills are informed and linked to enable achievement of key stage end points, as informed by the 2014 National Curriculum. All staff have access to a set of progressive lessons through the Lancashire scheme of work (P.E. Passport). The hall and the outside space are timetabled in order to give each class an opportunity to access P.E. lessons.

We teach lessons that enable children to:

- develop fundamental movement skills, become increasingly competent and confident and access a range of opportunities to extend agility, balance and coordination.
- participate in competitive and co-operative physical activities, in a range of increasingly challenging situations.
- apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- enjoy communicating, collaborating and competing with each other.
- develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

All children are able to participate in P.E. at their own level of development, with teachers ensuring that lessons cater for individual needs. Children will also develop a knowledge of the basic rules for a range of sports and activities. They will also experience competition, with a focus on developing good sporting attitudes. Our children learn in a safe environment and have a foundation for lifelong physical activity.

SUBJECT ORGANISATION:

Swimming provision:

Y5 will go swimming for the first half of the school year. Assessments will be carried out at Easter and the outcome of these will determine whether Y5 continue to go in the summer term or whether Y4 start their swimming provision.

Curriculum:

EYFS:

The physical development of our children in EYFS is encouraged as an integral part of the EYFS curriculum. Physical development is one of the prime areas of learning. The two related early learning goals are Moving and Handling and Health and self-care.

The children are encouraged to develop confidence and control of the way they move and the way they handle equipment. All children are given the opportunity to use a wide range of resources to support specific skills. In EYFS, the children access a range of activities daily that will develop their fine and gross motor skills and have access to a dedicated outdoor area.

KS1:

Pupils should develop fundamental movement skills, becoming increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.

The children will be taught to:

- master basic movements and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

KS2:

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing against each other. They should develop an understanding of how to improve in different areas and learn how to evaluate and recognise their own successes.

The children will be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games and apply simple attacking and defending tactics
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activities both individually and as a team

Assessment:

From Y1- Y6 children's performance will be described in terms of achievement of age-related expectations. Teachers assess children using the EYFS framework, Lancashire Scheme of work and the progression of skills document. Assessment should take the form of watching the children work in lessons, talking to them about what they are doing and listening to them describe their work. Photographs and videos are useful as a form of assessment and for children to evaluate their work. These can be done via the P.E. Passport APP.

At the end of the academic year, children are assessed on whether they are at the expected standard for their age or working below it.

IMPACT:

At Carr Head, the children will experience a depth of learning in a positive and engaging environment. Basic skills will have been practised and opportunities provided to develop these into more complex processes. Children will be confident to try new things and take risks. They will be able to make quick decisions when planning tasks or performances. They will have developed a range of strategies for solving problems and will show resilience when they find things difficult. The children will be aware of the role physical activity plays in leading a healthy lifestyle.

Health and Safety:

There is an element of risk when participating in P.E. and school sport. Staff are responsible for ensuring they are familiar with the current risk assessment and other safe practices in P.E. in order to reduce the element of risk to a minimum.

- Staff are aware of pupils who have special needs with regards to physical activity and make any necessary provision.
- Staff know and follow the safe practices when moving and using equipment
- Pupils are in the correct P.E. kit with long hair being tied back. Watches should be removed.
- Issues with the safety of P.E. equipment should be referred to the subject leader immediately.

The subject lead for P.E. is Diane Woodhouse

Review Date: September 2023